Informed (AI) Consent for Psychotherapy Services
In-Person & Telehealth | Barrington Behavioral Health & Wellness

Use of Artificial Intelligence (AI) in Practice

To enhance the quality of care and administrative efficiency, this practice utilizes specific AI driven tools.

• Purpose of AI: I use AI primarily for automated scribing, documentation, and session summarization.

• The "Human-in-the-Loop" Guarantee: AI is a scribe, not a clinician. I personally review, edit, and sign off on every AI-generated note to ensure accuracy. No AI makes clinical diagnoses or treatment decisions; these remain my professional responsibility.

• Data Security: All AI tools used are HIPAA compliant and covered by a Business Associate Agreement (BAA). Your data is encrypted and is not used to train general AI models.

• Right to Opt-Out: Your participation is 100% voluntary. You may request that I disable AI tools at any time without impact on the quality of your care.

Consent and Signature

By signing below, I acknowledge that I have read, understood, and agree to the terms above, including the specific disclosures regarding AI usage.

Client Name (Printed): _____

Client Signature: _____ Date:_____